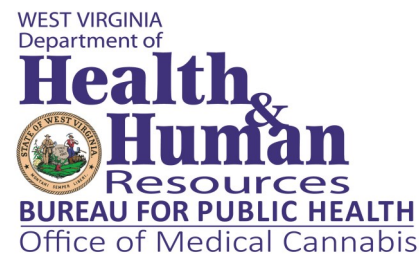


Approved forms of Medical Cannabis:

- Pill
- Oil
- Topical forms; including gel, creams, and ointments.
- A form medically appropriate for administration by vaporization or nebulization
- Liquid
- Dermal patch; or dry leaf or plant form.

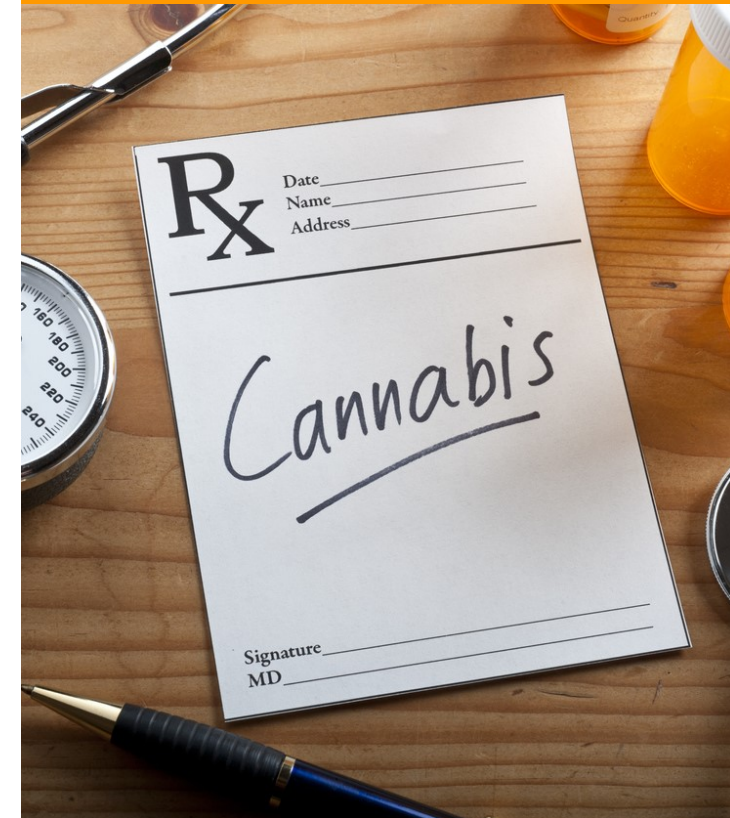
Per §16A-3-3(b)(1), it is unlawful to smoke medical cannabis.



350 Capitol Street
Room 523
Charleston, WV 25301
www.medcanwv.org

West Virginia Department of
Health and Human Resources

Bureau for Public Health



West Virginia
Office of Medical
Cannabis

Patient Safety Insert

Dangers of using Medical Cannabis

Children and Teenagers:

- Cannabis may cause problems in the developing brain of children and teenagers which may result in difficulty learning, concentrating and paying attention
- Teens who use cannabis are more likely to drop out of school
- Cannabis use during childhood and teen years has been linked to a higher risk of mental illness (schizophrenia), suicide, and use of other drugs

Pregnancy:

- Chemicals in cannabis are passed from mother to developing baby while pregnant
- Chemicals in cannabis are passed along in breast milk to baby
- Cannabis use during pregnancy may be harmful to a baby's health and increase the risk of low birth weight, still birth, preterm birth and problems developing during pregnancy
- Cannabis use during pregnancy has been linked to an increased risk of developing mental illness, developmental delays, and autism spectrum disorders during childhood

Cannabis Use Disorder is Real (Though Rare)

Cannabis use has also been linked to other mental health problems, such as depression, anxiety, and suicidal thoughts among teens. However, study findings have been mixed.

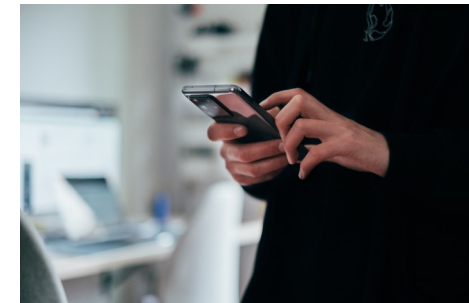
If you have at least two of the following symptoms within a 12-month period, you may want to seek treatment:

- Taking more cannabis than was intended
- Difficulty controlling or cutting down cannabis use
- Spending a lot of time using cannabis
- Craving cannabis
- Problems at work, school, and home as a result of cannabis use
- Continuing to use cannabis despite social or relationship problems
- Giving up or reducing other activities in favor of cannabis
- Taking cannabis in high-risk situations
- Continuing to use cannabis despite physical or psychological problems
- Tolerance to cannabis
- Withdrawal when discontinuing cannabis

Where to Get Help for a Substance Use Disorder

The West Virginia Department of Health and Human Resources, Office of Drug Control Policy has an interactive map to assist you in locating a treatment or recovery program in your area:

dhhr.wv.gov/office-of-drug-control-policy/help/Pages



HELP4WV offers a 24/7 call, chat, and text line that provides immediate help for any West Virginian struggling with an addiction or mental health issue. The helpline staff offers confidential support and resource referrals, including self-help groups, outpatient counseling, medication-assisted treatment, psychiatric care, emergency care, and residential treatment.

Call **1-844-HELP-4-WV** or visit www.help4wv.com for a real-time web chat.